

YEAR 3 WEEKLY LEARNING

Summer Term

Science

This week, the children continued their learning in Animals Including Humans. Following the previous lesson on healthy eating and nutrients, the children explored the nutritional values of different foods by gathering information from food labels. They discovered that food packaging not only shows nutritional information but also lists the ingredients used in the product, including common allergens. The children learned that this information is very important because it helps people with allergies avoid foods that could be harmful to them. The class then discussed different types of fats. They learned about saturated fats, which are considered less healthy and should only be eaten in small amounts, and unsaturated fats, which provide the body with energy and can also contain important vitamins and minerals.

Maths

This week, the children learned about capacity and volume. They continued to expand their understanding by identifying equivalent capacities and volumes, as well as comparing them through visual estimation. The children then progressed to using the terms "greater than" and "less than", alongside the inequality symbols, to compare capacities and volumes that can be measured. As part of their learning, they also explored some common misconceptions, such as thinking that a taller container must always have a greater capacity, or that if the level of liquid is higher on a scale, the volume must be greater.

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Issue Number Twenty-Six

Mini Marathon

This week our children took part in the Mini Marathon, and it was wonderful to see so many smiling faces and determined runners! The atmosphere was full of excitement, energy and encouragement as the children set off on their challenge. What made the event especially special was the way the children supported one another throughout the run. They cheered their friends on, offered words of encouragement, and celebrated together as everyone reached the finish line. It was lovely to see such fantastic teamwork and kindness in action. Their spirits were high from start to finish, and the sense of pride and achievement was clear to see. The Mini Marathon was not only a great opportunity for the children to be active, but also a chance to show resilience, determination and wonderful support for each other. We are incredibly proud of them all!



Achievements

This certificate is proudly awarded to **Karo** for taking part in the Mini Marathon and completing eight laps, the highest number in Year 3. An outstanding effort!